

Sydney Palinkas is a licensed masters social worker with a focus on improving the lives of older adults. Since 2022, Sydney has been the RAFT Dementia Education and Outreach Coordinator at the Regional Older Adult Facilities Mental Health Support Team (RAFT), supporting older adults living with dementia and their families. Sydney also serves as the Board Secretary for the Virginia Coalition for the Prevention of Elder Abuse, volunteers with Meals on Wheels, and teaches chair yoga to older adults. Sydney has previously worked with the ElderSAFE Center, a temporary safe shelter for elder abuse survivors, and at the National Network to End Domestic Violence.